



Child Health
Partnership

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1. What is coronavirus?

Up to date information available on COVID-19 from PHA website

<https://www.publichealth.hscni.net/covid-19-coronavirus>

RCPCH Traffic light poster

https://www.rcpch.ac.uk/sites/default/files/2020-04/covid19_advice_for_parents_when_child_unwell_or_injured_poster.pdf

2. How to explain COVID to children

RiseNI website

<https://view.pagetiger.com/RISENI/covid19>

Belfast trust pdf

<https://view.pagetiger.com/RISENI/covid19/BHSCTvideoexplainingCoronavirustochildren.pdf>

CBBC video

<https://www.bbc.co.uk/newsround/51861089>

3. Mental Health during COVID-19

WHO

<https://www.who.int/docs/default-source/coronaviruse/helping-children-cope-with-stress-print.pdf>

Daily 5

<https://www.youtube.com/playlist?list=PL4O3p4kroDaaTLWhv5zeJndJluaka0qB8>

NSPCC

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health/>

4. Stay at Home Activities

RCPCH health diary and activity pack

<https://www.rcpch.ac.uk/resources/stay-home-activities-children-young-people>

Change for Life

<https://www.nhs.uk/change4life/activities/indoor-activities>

Monkey Wellbeing

<https://www.monkeywellbeing.com/resources/posters-leaflets/>

Downloadable books

https://nosycrow.com/wp-content/uploads/2020/04/Coronavirus_INS.pdf

<https://nursedottybooks.com/dave-the-dog-is-worried-about-coronavirus-2/>

<https://interagencystandingcommittee.org/iasc-reference-group-mental-health-and-psychosocial-support-emergency-settings/my-hero-you>